

# Paso Robles Support Group

## Topics Covered

This group offers an opportunity for participants to learn coping strategies for working with anxiety and depression



WELLNESS • RECOVERY • RESILIENCE

## Coping with Anxiety & Depression

Support Group

Meets Weekly

Mondays

1:30-2:30pm

Location:

935 Riverside Ave Unit 6

Paso Robles, Ca.

Contact:

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